



كمتريڤ كبورايان بليادان سوكن
KEMENTERIAN KEBUDAYAAN, BELIA DAN SUKAN
NEGARA BRUNEI DARUSSALAM



Guidelines For Operational Readiness Level 1

Outdoor Sports Facilities

Ministry Of Culture, Youth And Sports

16 May 2020

GUIDELINES FOR OPERATIONAL READINESS LEVEL 1: OUT SPORTS FACILITIES

Operational Readiness Level 1 Outdoor Sport Facilities measures outlined in this document will be implemented from **Saturday, 16 May 2020** until further notice. These measures will apply to all Outdoor Sport Facilities in Brunei Darussalam.

The following are the major guidelines for Operational Readiness Level 1 Outdoor Sport Facilities. Further details are outlined in Annex A.

- Allowed to operate.
- Only open to solo sport activity.
- Time limited to 1 hour per person per day.
- Contact activity of sharing equipment is prohibited.
- Observe personal hygiene.
- Maintain physical distancing of 2 meters with maximum of 5 person must be observed at all times.
- Symptomatic and high risk individuals should not attend.
- Ensure social distancing guidelines, including specific guidelines issued by relevant authority.

Every Outdoor Sport Facilities is required to adopt procedures to ensure compliance with government restrictions. For Operational Readiness Level 1, the following measures will need to be implemented.

1. OUTDOOR SPORT FACILITY RESPONSIBILITIES ARE DIVIDED INTO THREE ASPECTS: GENERAL GUIDELINES, BOOKING AND OUTDOOR SPORT FACILITY RULES.

a. General Guidelines.

- (1) Registration and proper record must be done at the entrance for the purpose of contact tracing if required. (Each Sport Facility should register at the healthinfo app website at www.healthinfo.gov.bn/register to generate a QR code for clients to register)
- (2) Cafeteria, Restaurant or Canteen are allowed to operate at 30% capacity at one time.
- (3) Time is limited to 1 hour per person per day.
- (4) Only open to solo sport activity.
- (5) Contact activity or sharing of equipment is prohibited.
- (6) Organized sports are not allowed.
- (7) Clean and sanitize the Outdoor Sport Facility, where relevant, before and after use.
- (8) Client must bring their own towels and water bottles.
- (9) Temperature checks and hand sanitizers must be provided at the entrance.
- (10) Symptomatic and high risk individuals are not allowed to enter.
- (11) Personal hygiene must be observed at all times.
- (12) Physical distancing of 2 metres must always be maintained at all times.
- (13) Any physical contact must be avoided.
- (14) The Outdoor Sport Facilities' locker room facilities will remain closed.
- (15) Signage and Posters on precautionary measures on COVID 19 should be displayed.
- (16) For more information on COVID-19, members of the public can contact Health Advice Line 148.

b. Booking.

- (1) The Outdoor Sport Facility is to organize a system of booking and allocation of time that ensure the safety of staff and client.
- (2) The maximum number of client per hour are to be controlled and must be in accordance with the regulations to ensure and maintain proper physical distancing (2 metres).
- (3) There should be a minimum of 1-hour interval before the next group of clients, but longer intervals may be required depending on the Outdoor Sport Facility.

c. Outdoor Sport Facility Rules.

- (1) The maximum number of clients are to be confirmed by the Outdoor Sport Facility Cafeteria, Restaurant or Canteen must be in accordance with the regulation whereby it is limited to operate at 30% capacity at one time.
- (2) No gatherings will be permitted before or after the activity in or around the Outdoor Sport Facility.
- (3) The use of toilets is allowed and should be sanitized frequently.
- (4) The Outdoor Sport Facility is to communicate with client in advance to advise on social distancing requirements that are being applied on arrival at the Outdoor Sport Facility and after finishing their sport activity.
- (5) The Outdoor Sport Facility is to have procedures in place to ensure social distancing requirements in the area of sport activity.
- (6) The Outdoor Sport Facility is to have procedures in place to ensure the Outdoor Sport Facility is safe to use and that sanitizing practices can be guaranteed.
- (7) All Outdoor Sport Facility staff must wear facemasks and gloves.
- (8) The Outdoor Sport Facility must be disinfected before, after and between intervals of the next booking.
- (9) Clients are encouraged to bring their own disinfectant for their protection.

2. CLIENT RESPONSIBILITIES.

a. Registration

- (1) Client must scan the QR code of Indoor Sport Facility upon arrival and leaving, for the purpose of contact tracing if require.

b. Sporting Activity.

- (1) Clients are to ensure that they keep at least 2 metres apart during the sport activity.
- (2) Wear gloves to minimise contact with surfaces, where applicable.
- (3) Wear the right gear and consider wearing workout clothing that can protect your skin.
- (4) Use your own equipment.
- (5) Bring your own disinfectant for your protection.
- (6) When using an exercise mat, use a towel and lay it on your mat.
- (7) Avoid touching your face, eyes, nose, and mouth with unwashed hands.
- (8) Social distancing is important and clients are to leave the Outdoor Sports Facility immediately so that there are no gatherings around the Outdoor Sports Facility until further notice.